

## **Questions**

- **Who can my child/children play with and where?**

The government has published guidance on [staying alert](#) and [staying safe outside your home](#). The [North West of England local restrictions document](#) sets out key questions and answers on what you can and cannot do if you live in Blackburn with Darwen. You should not meet people you do not live with inside a private home or garden, except where you have formed a support bubble (or for other limited exemptions to be specified in law)

Blackburn with Darwen is experiencing a rise in coronavirus cases, our Director of Public Health has announced [new local measures to help control the spread of Coronavirus](#), and these will be updated as the situation unfolds.

- **Is it safe for my child to attend a summer play scheme?**

Providers offering holiday clubs, tuition or other activities to children may also remain open as usual and should continue to follow the national guidance on [protective measures for holiday and after-school clubs and other out-of-school settings](#). Please see government [guidance for parents and carers](#) which covers changes to after-school clubs, holiday clubs, tuition, community activities and other out-of-school settings for children and young people over the age of 5 during the coronavirus (COVID-19) outbreak.

The [North West of England local restrictions document](#) sets out key questions and answers on what you can and cannot do if you live in Blackburn with Darwen.

- **What are the guidelines for safe summer school holiday activities**

The government has released [guidance for providers](#) to help them put in place protective measures to reduce the risk of transmission of the virus. While some providers will be Ofsted registered, not all will be, and there is no single responsible body with complete oversight of these settings, or the quality and safety of their provision. With this in mind, you will want to check with the provider that they have put in place protective measures to reduce the risk of infection before you send your child to a particular setting.

- **Why are some sports allowed and others are not? For example my son can do rugby training but my daughter can't attend her gymnastics class**

The UK Government is continuing to ease restrictions in a manner that is safe, cautious and consistent with the national plan. The government has published guidance on [staying alert](#) and [staying safe outside your home](#). The [North West of England local restrictions document](#) sets out key questions and answers on what you can and cannot do if you live in Blackburn with Darwen.

- **If my child is unwell however minor the symptoms should I arrange for them to have a Covid Test?**

Children can get coronavirus (COVID-19), but they seem to get it less often than adults do and it is usually less serious. The NHS website, [coronavirus in children](#), explains what to do if your child is unwell.

- **What happens when my child has a test?**

Health care providers get secretions from the back of the nose to test for coronavirus (COVID-19). To do that:

- Your child will lean their head back.
- The health care provider will gently put a long Q-tip swab into your child's nose to take a sample. It is very important to get the sample from the right place.

Some drive-thru sites may offer self-swab testing (the person puts the swab in their nose with directions from the health care team).

For more details, please see link on [coronavirus test](#)

- **How old do I have to be before I can get a test without a parent or carer?**

The test involves taking a swab of the inside of your nose and the back of your throat, using a long cotton bud. You can do the swab yourself (if you are aged 12 or over) or someone can do it for you. Parents or guardians have to swab test children aged 11 or under. If you are applying for a test for someone else, and the person is aged 13 or over, check they are happy for you to get a test for them.

For more details, please see link on [coronavirus test](#)

- **Should I limit the number of other children my child is seeing?**

The government has published guidance on [staying alert](#) and [staying safe outside your home](#). The [North West of England local restrictions document](#) sets out key questions and answers on what you can and cannot do if you live in Blackburn with Darwen.

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### **Useful links**

<https://www.gov.uk/guidance/north-west-of-england-local-restrictions-what-you-can-and-cannot-do#local-restrictions>

<https://www.gov.uk/government/publications/staying-alert-and-safe-social-distancing>

<https://www.gov.uk/government/publications/staying-safe-outside-your-home>

<https://www.gov.uk/government/publications/guidance-for-parents-and-carers-of-children-attending-out-of-school-settings-during-the-coronavirus-covid-19-outbreak/guidance-for-parents-and-carers-of-children-attending-out-of-school-settings-during-the-coronavirus-covid-19-outbreak>

<https://www.gov.uk/government/publications/protective-measures-for-holiday-or-after-school-clubs-and-other-out-of-school-settings-for-children-during-the-coronavirus-covid-19-outbreak>

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/coronavirus-in-children/>

<https://www.gov.uk/get-coronavirus-test>