

PSHE Long Term Plan 2017-2018 KS4

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
	RELATIONSHIPS	RELATIONSHIPS	HEALTH AND WELLBEING	LIVING IN THE WIDER WORLD	LIVING IN THE WIDER WORLD	RELATIONSHIPS
YEAR 1	<p>Introduction To Diversity, Prejudice & Discrimination</p> <p>SCARF 2 PROGRAMME Lancashire County Council Schools Citizenship / Cohesion Anti-Racism and Football</p> <ul style="list-style-type: none"> Hate Crime Week 10th October - The Respect Programme 	<p>Introduction To Diversity, Prejudice & Discrimination</p> <p>SCARF 2 PROGRAMME Lancashire County Council Schools Citizenship / Cohesion Anti-Racism and Football</p> <ul style="list-style-type: none"> Anti-Bullying Week 14th November Road Safety Week 21st-27th November SKYPE THE SPEAKER Monday 12th December, small group to Skype House of Commons Speaker for Q&A. 	<p>Mental Health First Aid</p> <p>MENTAL HEALTH FIRST AID LESSONS (6) FROM SCHOOLS MENTAL HEALTH FIRST AID</p> <p>Lesson 1 What is Mental Health Lesson 2 What is in your stress bucket? Lesson 3 Introducing ALGEE Lesson 4 Practicing ALGEE Lesson 5 Exploring options G and E Lesson 6 Second E 10 keys to happier living and how do you achieve them?</p> <p>www.youngminds.org.uk</p>	<p>Democracy</p> <ul style="list-style-type: none"> Identify What is Democracy What is the difference between Parliamentary Democracy and Presidential democracy? Rights to vote and Election. Explain why we have elections. British Democracy the EU Referendum. What has happened with the Brexit? The rights to vote Campaign an Election 	<p>Making Informed Career Choices</p> <ul style="list-style-type: none"> Find out what employment, self-employment and volunteering mean and the benefits and drawbacks of each Knowing which careers to choose based on personal skills, attributes, qualifications and how to apply for courses/jobs Be able to complete CV's & letters of application, fill in application forms Understand how to prepare for Interview and presenting ourselves confidently Understand how important pensions are Reflect on the challenges and opportunities they may face along their career paths Understand and identify where to get help & advice 	<p>Sex & Relationship Education</p> <ul style="list-style-type: none"> Describe the short and long-term consequences of personal health choices relating to sexual activity Be aware of various types of contraception & where to get help & advice Understanding health/unhealthy relationships using the Disrespect NoBody Resource Pack Explain the importance of long term relationships such as marriage, civil partners, stable relationships and long term commitments Identifying when you are under pressure to have sex from media, peers or partners Understand healthy body image, self-esteem and confidence
	LIVING IN THE WIDER WORLD	HEALTH AND WELLBEING	HEALTH AND WELLBEING	LIVING IN THE WIDER WORLD	LIVING IN THE WIDER WORLD	RELATIONSHIPS
Year 2	<p>Being A Critical Consumer</p> <ul style="list-style-type: none"> Be able to carry out simple transactions, comparing prices and making judgements on best value Knowing your rights as a consumer Buy now, pay later understanding the pro's and con's 	<p>Drugs & Alcohol Awareness</p> <ul style="list-style-type: none"> Be aware of the different types of drugs and alcohol Understand the health risks involved with drug and alcohol abuse Understand the legal implications of drugs and alcohol Identify some of the causes and symptoms of mental and emotional ill health, and identify strategies for recognising, preventing and addressing these in themselves and others. Demonstrate confidence in finding professional advice and help others to do so. Identify reasons why people might use illegal drugs and explain how drug use can impact on physical, mental and economic aspects of people's lives, relationships and the wider community. 	<p>Raising Awareness of Female Genital Mutilation</p> <ul style="list-style-type: none"> Understanding what FGM is & recent statistics of FGM Be aware of the legal implications of Female Genital Mutilation Understand the negative impact FGM has on an individual Knowing the rights of the individual and where to go to get help and advice 	<p>Financial Planning & Economic Wellbeing</p> <ul style="list-style-type: none"> Understanding sources of income Be able to create budgets including income and expenditure Spend some, save some, share some, understand how to plan and save effectively Be able to explain how finance will pay an important part in their lives and in achieving aspirations, and how changes in the economic environment may impact upon these. Understand basic HMRC facts, VAT/PAYE/NI and general economics such as GDP. 	<p>Making Informed Career Choices</p> <ul style="list-style-type: none"> Find out what employment, self-employment and volunteering mean and the benefits and drawbacks of each Knowing which careers to choose based on personal skills, attributes, qualifications and how to apply for courses/jobs Be able to complete CV's & letters of application, fill in application forms Understand how to prepare for Interview and presenting ourselves confidently Understand how important pensions are Reflect on the challenges and opportunities they may face along their career paths Understand and identify where to get help & advice 	<p>Behaviour And Practices In The Workplace</p> <ul style="list-style-type: none"> Be aware of the legal protection all groups of people have against discrimination in the workplace Reflect on their own views about who does what at work and consider or challenge the opinions of others Weigh up what is fair and unfair in how people are treated at work Practise their debating skills

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PSHE Topics:

1. Health and Wellbeing
2. Relationships
3. Living in the Wider World