

# Thinkuknow Parents/Carers Campaign

Is a national campaign to get parents and carers thinking and talking about the importance of discussing sex, relationships and the Internet with children. More information can be found on the parents section of the Thinkuknow website which provides information to support parents and carers to understand and respond to the risks children may face as they grow. It covers a broad range of online safety issues from nude selfies to what to do if you think your child is being groomed online. Find it at: [www.thinkuknow.co.uk/parents](http://www.thinkuknow.co.uk/parents)

or watch the campaign video '*The world changes, but children don't*' by typing in the link below on YouTube <https://youtu.be/FNSXxf-luKM> or view the video by visiting the school website and browsing the Parents Zone.

Below are some questions you could ask yourselves:

**Q Have I had a conversation with my child about online safety?** What do they like, what worries them and ask them if they know what to do if something goes wrong.

**Q Am I aware of the risks posed by the Internet?** Keep up to date by using the resources available on the CEOP website, Thinkuknow and the Parent Zone on the school website.

**Q Do I know how to set privacy settings on social media and gaming devices?** For help on how to set any of the aforementioned parental controls or privacy settings, please visit the school website. The Digital Parenting magazine which offers step by step instructions can be viewed on the school website in the *Parent Zone* of the *Online Safety* link.

**Q Am I aware of the PEGI age ratings and do I know the content of the games my child is playing e.g. level of violence, sex, swearing and crime etc.** The school website has the PEGI age ratings leaflet which contains some brief explanations of the content in games.

**Q Do I monitor my child's online activity?**

**Q Have I had discussions with my child about appropriate sex and relationship guidance?**  
If you need help or advice please visit the thinkuknow website which has sound advice for parents and carers.

**Q If online abuse occurs do I know how to report abuse?** Visit [www.ceop.police.uk](http://www.ceop.police.uk)

click the CEOP logo to report online abuse



# A FRAMEWORK TO CARRY OUT YOUR OWN RISK ASSESSMENT

## ASK YOURSELF THE FOLLOWING QUESTIONS:

**1. Does the site enable you to share not just images but likes or dislikes? If yes, then ask yourself:**

- What is my child sharing?
- Who are they sharing with?

**Remember:**

Sharing is normal to young people.

Privacy settings can restrict users.

Young people should be aware of constantly reviewing their privacy settings.

**2. Does the site enable you to make friends?**

- Does your child know who all their friends are?
- Do they have 100's of friends added who they don't really know?
- Does your child know who they are sharing with?

**Remember:**

Young people qualify their popularity by the amount of online friends, who has the most likes?

Privacy settings can restrict users.

Read the article on thinkuknow website #instafamous

**3. Does the site enable you to chat?**

- Does your child really know who they are talking to and what they are sharing with them?

**Remember:**

Some chat rooms can have sexualised conversations.

Predators stalk some chat room looking for victims, once contact is made they try to move the conversation to a more private setting e.g. messenger, BBN, Facebook.

**4. Does the site enable you to play?**

- What are they playing?
- Is it aimed at children or adults?
- Who are they playing it with? Strangers, relatives, friends?

**Remember:**

Rockstar Games (makers of Grand Theft Auto) made more money last year than Hollywood took in sales from cinema tickets.

Gaming presents risks in terms content and contact. Child sex offenders will wait in new areas of a game, offer tips and tricks in order to build a relationship with new gamers and then seek to move the conversation to a more private setting e.g. messenger.

PEGI age ratings, find out what is the age and the content of the game your child is playing.

Visit: Lee and Kim's adventures resources for primary kids available on thinkuknow website.

If you would like any 1:1 advice from the Online Safety Lead in school please contact the school office 01254 680523 to make an appointment, alternatively visit [www.stthomasscentre.com](http://www.stthomasscentre.com) and click on Parent Zone to find out more information and help with online safety.