

## **“Why Choose Team Teach? What are the key elements and benefits of the training programme that may make it more suitable for your working environment?”**

Team Teach aims: through positive behaviour support approaches and plans, with a focus on de-escalation, to actively reduce risk and the need for restraint; to support teaching, learning and caring, by increasing staff confidence and competence, in responding to behaviours that challenge, whilst promoting and protecting positive relationships.

### **External Quality Control and Assurance**

The Team Teach training system has been nationally accredited (2006, 2009, 2012 and 2015) and all physical techniques, as part of these accreditations, undergo a medical risk assessment review, carried out by independent, medical experts. See "contact us" link for more details.

Team - Teach training has received the highest level of award in the U.K - a National Training Award - This government supported award is presented to entries who have demonstrated exceptional achievement through training and development. Judges were impressed by the support infrastructure and the robust quality control and assurance processes. They observed that it was a clearly needed service and its innovative approaches have delivered significant benefits to schools/services and local authorities/employers.

There are over 7,000 registered trainers who are able to deliver “in house” 6 and 12 hour courses to colleagues. Experience has shown that a pattern of intensive 12 hour ‘whole staff’ training conducted over consecutive days and dedicated to specific staff groups is particularly effective.

The results have been highly impressive with the Team Teach strategy being commended by Ofsted inspections for its effectiveness. The training has led to a reduction in the frequency of restraint and a greater use of nonverbal and verbal responses. It also means that life for staff is made easier because they have the skills to deal with these very difficult situations.

### **KEY ELEMENTS AND CRITICAL FACTORS**

Our approach to training has been successful because:

- the methodologies which are taught are highly effective and underpinned and set in the context of maintaining and sustaining positive relationships with children, young people and vulnerable adults. In particular the focus on personalised de-escalation strategies and the listening and learning module help prevent the need for restraint to take place.
- the cascade model, of “in house” employer-led trainer delivery, has provided best value and has allowed for a cost effective and fast response when staff need refresher training.
- the training uses a variety of delivery methods and is based on good teamwork and an engaged and enjoyable approach, stressing the value of team-work and de-escalation through the use of help scripts and controlled and crafted role play

Team-Teach provides a wide range of risk reduction positive handling techniques. They have been all been medically risk assessed in 2006, 2009,2012 and 2015 by three independent experts. The physical techniques of Team-Teach will reduce risk, their effectiveness being linked to the confidence and competence of the individuals concerned. Deliberately hurting individuals in order to bring them under control, has no part within the Team Teach curriculum.

- there have been regular reviews in order to keep the programme up-to-date.
- there is extensive back-up available in terms of the course textbook and subsequent access to the website and video library
- there is a requirement for refresher training
- e-mail alerts and the tt news section keep participants aware of the latest developments.
- there is regular consultation with the Users' group.
- Positive Handling Strategies are constantly being evaluated, with safety being paramount. The number of serious incidents / restraints should decrease following training.
- Training will help employers and employees meet their obligations under Health and Safety legislation thus reducing potential liability claims.
- Learning outcomes and behaviour should improve through the provision of safe learning and caring.
- The training has a fun element. It will reduce stress, enhancing team-work, co-operation and staff morale.
- Courses are quality controlled and assured with all training summary evaluation reports being produced as evidence of best value. These summary reports are sent to the Director of Team Teach for acknowledgement and comment.
- The Positive Handling Strategies have sufficient range and flexibility to be appropriate across the age and development range, for both the intentional and non-intentionally "challenging" individual.
- Training enables staff to feel more confident and competent in their management of disruptive and "challenging" behaviour , reducing stress by increasing physical and emotional well-being for all involved.

For more information, please follow the links below to the tt web site:

<http://www.team-teach.co.uk/CaseStudies.html>

<http://www.team-teach.co.uk/Testimonials.html>

Should you wish to talk through any issues arising or clarifications required, I can be contacted on 0772 0106522 and 01825 740778

George Matthews ( Director / Founder Team Teach)